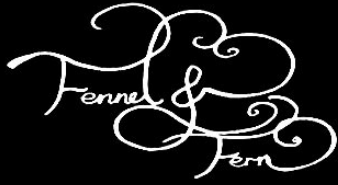
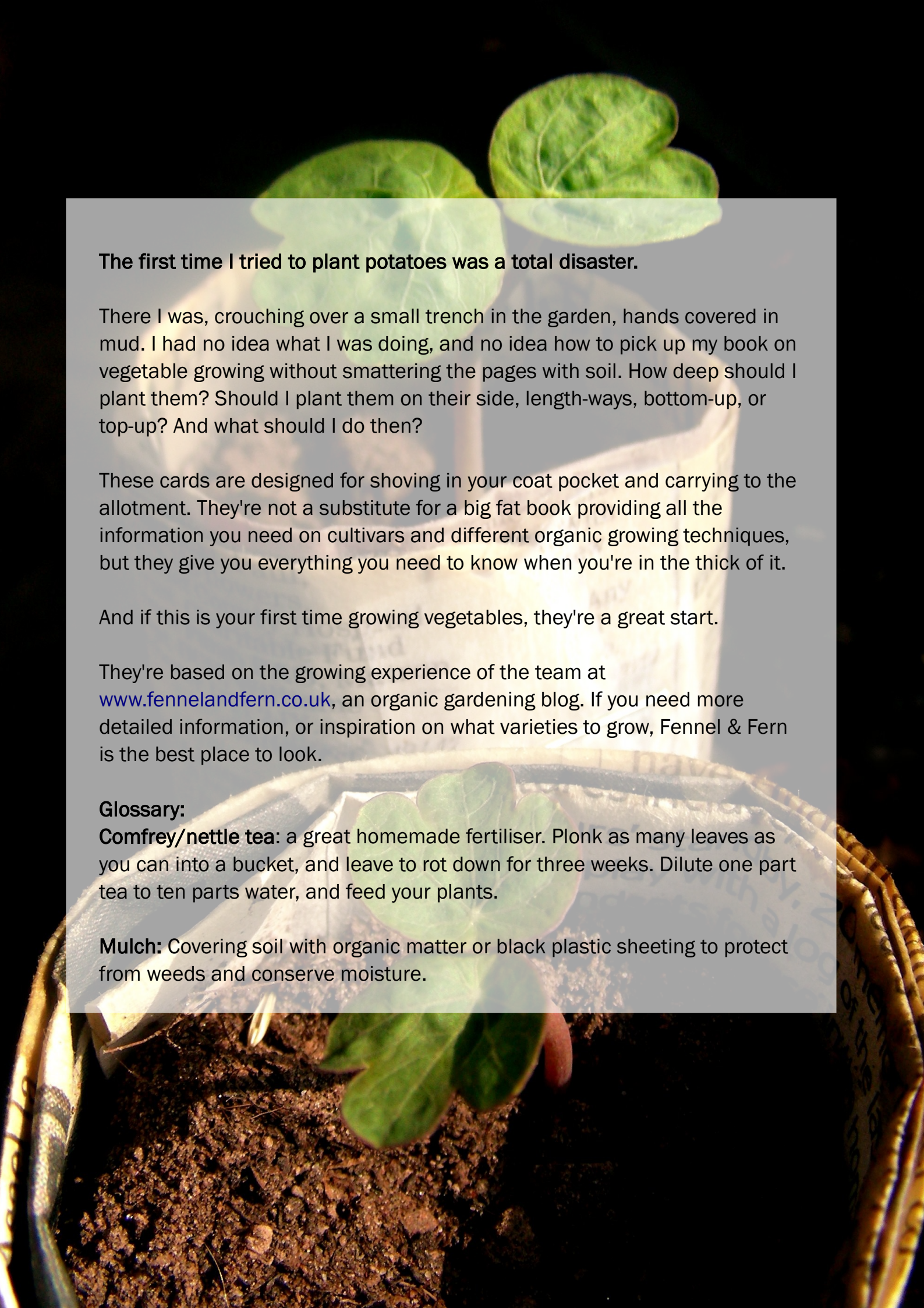


# good growing guide.





**The first time I tried to plant potatoes was a total disaster.**

There I was, crouching over a small trench in the garden, hands covered in mud. I had no idea what I was doing, and no idea how to pick up my book on vegetable growing without smattering the pages with soil. How deep should I plant them? Should I plant them on their side, length-ways, bottom-up, or top-up? And what should I do then?

These cards are designed for shoving in your coat pocket and carrying to the allotment. They're not a substitute for a big fat book providing all the information you need on cultivars and different organic growing techniques, but they give you everything you need to know when you're in the thick of it.

And if this is your first time growing vegetables, they're a great start.

They're based on the growing experience of the team at [www.fennelandfern.co.uk](http://www.fennelandfern.co.uk), an organic gardening blog. If you need more detailed information, or inspiration on what varieties to grow, Fennel & Fern is the best place to look.

**Glossary:**

**Comfrey/nettle tea:** a great homemade fertiliser. Plonk as many leaves as you can into a bucket, and leave to rot down for three weeks. Dilute one part tea to ten parts water, and feed your plants.

**Mulch:** Covering soil with organic matter or black plastic sheeting to protect from weeds and conserve moisture.